

DEPARTMENT OF PSYCHIATRY, UTSOUTHWESTERN MEDICAL CENTER

Goals, Objectives and Expectations of Residents in the Adult Psychiatry Residency Training Program

Revised September 2009

The Residency Education Committee meets semi-annually to review the progress of residents. In order to be considered for promotion, each resident is responsible for fulfilling the Goals and Objectives and Expectations for his/her training level as outlined below.

The ultimate decision for promotion and graduation is made by the Residency Education Committee evaluating the resident's overall performance and progress. The Residency Education Committee may outline and require plans of remediation, which may include use of elective time, to address any deficiencies in meeting the expectations outlined below.

PGY 1

I. Patient Care

- A. Satisfactory overall rating on clinical evaluations from supervisors on each rotation, including primary care and neurology
- B. Maintenance of an accurate log of all psychiatric patients seen in treatment
- C. Achievement of at least a 'satisfactory' score in ability to gather information, perform a mental status examination, develop a differential diagnosis, and form a treatment plan as judged on the Structured Clinical Assessment and supervisory evaluations.

II. Medical Knowledge

- A. At least 70% per year attendance at all required seminars and didactics. At least 70% attendance at Grand Rounds.
- B. Achievement of a minimum baseline standardized score on the PRITE of no less than 25th percentile national average for their PGY cohort on both psychiatry and neurology scores.
- C. Demonstrates an awareness of when supervisory assistance is needed

III. Communication Skills

- A. Legible, relevant, and timely maintenance of all medical records
- B. Scores of at least 'satisfactory' in interviewing skills as judged on the Structured Clinical Assessment.
- C. Demonstrates empathy for the experience of psychiatric illness, the role of caretaker for individuals with psychiatric illness, and for the inner life of patients

IV. Systems Based Practice

- A. Satisfactory demonstration of ability to work with a treatment team, mobilize community resources and get done what needs to be done for patients as evaluated on the VA, 8North, and Emergency Psychiatry rotations.
- B. Demonstrates awareness of cost-containment strategies as implemented on assigned services.

V. Professionalism

- A. Demonstrates integrity, reliability, responsibility and respect for patients, families and fellow professionals as judged by peers and supervisors.
- B. Has earned the trust and respect of his/her peers
- C. Is collegial and collaborative in clinical and learning relationships

VI. Practice Based Learning

- A. Demonstrates awareness of multiple sources of external information and how to access them in the service of patient care.
- B. Integrates clinical experience with empirical and scholarly literature

PGY 2

I. Patient Care

- A. Satisfactory overall evaluations from all rotations
- B. Maintenance of achievement for all objectives in the PGY1 year
- C. Maintenance of an accurate log of all psychiatric patients seen in treatment
- D. Satisfactory overall ratings by psychotherapy supervisors
- E. Achievement, by year's end, of at least a "satisfactory" score on Structured Clinical Assessment in the areas of information gathering, differential diagnosis and treatment planning

II. Medical Knowledge

- A. Maintenance of achievement for all objectives in the PGY1 year
- B. Improvement on Global Psychiatry PRITE standardized score over PGY 1 level, or, if new PGY 2, achieves an adequate baseline score no less than 25th percentile national average for PGY2s.
- C. Adequate baseline score on Columbia Psychotherapy Skills Test
- D. Demonstrates the ability to diagnose credibly DSM major mental disorders
- E. Attendance and participation in at least 70% per year of required didactics and teaching conferences, and attendance at 70% of Grand Rounds.
- F. Can construct a preliminary biopsychosocial treatment plan

III. Communication Skills

- A. Maintenance of achievement for all objectives in the PGY1 year
- B. Adequate maintenance of all medical records
- C. Achievement of at least “satisfactory” scores on interviewing skills on Structured Clinical Assessment

IV. Systems Based Practice

- A. Maintenance of achievement for all objectives in the PGY1 year
- B. Satisfactory demonstration of ability to work with a treatment team, lead a treatment team, mobilize community resources and get done what needs to be done for patients as evaluated by supervisors and peers, especially in Addictions, inpatient psychiatry and Child Psychiatry
- C. Achievement of full license as soon as possible; for US medical graduates, this should be achieved by the end of the PGY2 year. (PGY3 residents will work in situations where they will want to be able to prescribe independently, and this will not be possible without a full license. Without a full license, you may also be limited in your elective options during the PGY3 year.)

V. Professionalism

- A. Maintenance of achievement for all objectives in the PGY1 year
- B. Understands and respects the boundaries between professional relationships and personal relationships
- C. Maintains firm sense of medical responsibility
- D. Demonstrates familiarity with standards of professional/moral conduct in psychiatry
- E. Has achieved at least “satisfactory” scores in ability to recognize ethical issues in practice

VI. Practice Based Learning

- A. Maintenance of achievement for all objectives in the PGY1 year
- B. Makes extensive use of outside information resources
- C. Contributes to learning situations

VII. Psychodynamic Psychotherapy

- A. Adequate baseline score on Columbia Psychotherapy Skills Test
- B. Initiates supervised psychotherapy with at least two outpatients, one by September 1, the second by January 31. Maintain at least two ongoing cases from then on.

VIII. Supportive Psychotherapy

- A. Achieves 'satisfactory' or better scores for non-specific factors in psychotherapy: Empathy, Non-contingent positive regard, and therapist genuineness/authenticity

PGY 3

I. Patient Care

- A. Maintenance of achievement for all objectives in prior years
- B. Satisfactory overall evaluations from all rotations
- C. Maintenance of an accurate log of all psychiatric patients seen in treatment
- D. Satisfactory overall ratings by psychotherapy supervisors
- E. Achievement, by year's end, of at least a "satisfactory" score on a total of three Clinical Skills Verification Examinations.

II. Medical Knowledge

- A. Maintenance of achievement for all objectives in prior years
- B. Improvement on Global Psychiatry PRITE standardized score over prior level, and maintenance of at least 25th percentile national average for cohort.
- C. Improvement on Columbia Psychotherapy Skills Test over prior level
- D. Attendance and participation in at least 70% per year of required didactics and teaching conferences, and at least 70% of Grand rounds.

III. Communication Skills

- A. Maintenance of achievement for all objectives in prior years
- B. Adequate maintenance of all medical records
- C. Achievement of at least "satisfactory" scores on interviewing skills on Structured Clinical Assessment

IV. Systems Based Practice

- A. Maintenance of achievement for all objectives in prior years
- B. Satisfactory demonstration of ability to work with a treatment team, lead a treatment team, mobilize community resources and get done what needs to be done for patients as evaluated by supervisors and peers in an outpatient setting.
- C. Achieves "satisfactory" scores in working with/interviewing patients' families

V. Professionalism

- A. Maintenance of achievement for all objectives in prior years
- B. Commands respect of peers and senior colleagues (attendings)

- C. Has achieved at least "satisfactory" scores in ability to recognize ethical issues in practice
- D. Maintains unwavering sense of medical responsibility

VI. Practice Based Improvement

- A. Maintenance of achievement for all objectives in prior years
- B. Has achieved at least the "satisfactory" scores in evaluating medical/scientific information quality
- C. Routinely educates others on clinical and professional matters

VII. Cognitive Behavioral Therapy

- A. Successfully completes 2 courses of treatment.

VIII. Psychodynamic Psychotherapy

- A. Maintenance of achievement for all objectives in prior years
- B. Improved scores on Columbia Psychotherapy Skills Test
- C. Is able to maintain a therapeutic alliance with at least one patient for over one year
- D. Is able to facilitate self-exploration and set an appropriate frame for a patient

IX. Supportive Psychotherapy

- A. Maintenance of achievement for all objectives in prior years
- B. Demonstrates ability to provide competent-level supportive management
- C. Is able to discuss specific supportive techniques; begins developing a more sophisticated concept of support (beyond empathy, encouragement and advice)

PGY IV:

I. Patient Care

- A. Maintenance of achievement for all objectives in prior years Satisfactory overall evaluations from all rotations
- B. Provides competent care to all patients
- C. Maintenance of a log of all patients seen in treatment
- D. Satisfactory overall ratings by psychotherapy supervisors
- E. Achievement, by year's end, of at least a "satisfactory" score on three Clinical Skills Verification Examinations.

II. Medical Knowledge

- A. Maintenance of achievement for all objectives in prior years
- B. Improvement on Global Psychiatry PRITE standardized score over PGY 3 level, and continued maintenance of at least 25 th percentile of national average for PGY cohort.
- C. Is a clinical educator as well as clinical practitioner.
- D. Improvement on Columbia Psychotherapy Skills Test over the PGY 3
- E. Attendance and participation in at least 70% per year of required didactics and teaching conferences. Including Grand Rounds.
- F. Achieves at least 'satisfactory' scores in describing the standard of care for most patients.

III. Communication Skills

- A. Maintenance of achievement for all objectives in prior years
- B. Adequate maintenance of all medical records
- C. Achievement of at least "satisfactory" scores on interviewing skills on Structured Clinical Assessment
- D. Exhibits leadership skills in clinical activities

IV. Systems Based Practice

- A. Maintenance of achievement for all objectives in prior years
- B. Satisfactory demonstration of ability to work with medical and surgical treatment teams, lead a consultation/liaison team, mobilize community resources and get done what needs to be done for patients as evaluated by supervisors and peers.
- C. Achieves "satisfactory" scores in working with/interviewing patients' families

V. Professionalism

- A. Maintenance of achievement for all objectives in prior years
- B. Commands respect of peers, more senior colleagues and colleagues in other specialties
- C. Demonstrates the ability to discern ethical issues outside that addressed by the community's ethical standard of care
- D. Has achieved at least the "satisfactory" scores in ability to recognize ethical issues in practice
- E. Maintains unwavering sense of medical responsibility
- F. Regularly raises ethical issues in patient care along with other clinical considerations

VI. Practice Based Improvement

- A. Maintenance of achievement for all objectives in prior years
- B. Demonstrates ability to become expert in a question raised by a clinical situation via utilization of outside information resources
- C. Has achieved at least the “satisfactory” scores in evaluating medical/scientific information quality
- D. Is a resource to colleagues in area(s) of particular expertise

VII. Cognitive Behavior Therapy

- A. Maintenance of achievement for all objectives in prior years

VIII. Psychodynamic Psychotherapy

- A. Maintenance of achievement for all objectives in prior years
- B. Achieves a minimally acceptable score on the Columbia Psychotherapy Skills Test
- C. Maintains an exploratory helping alliance with a patient for more than 18 months
- D. Has had at least one year of supervision by a psychoanalyst

IX. Supportive Psychotherapy

- A. Maintenance of achievement for all objectives in prior years
- B. Demonstrates sophisticated understanding of the nature of support and supportive psychotherapy.